



Matthew Axtman, DO  
Spectrum Health Medical Group Orthopedics

Matthew Axtman, DO, is with Spectrum Health Medical Group Orthopedics and is board certified in physical medicine and rehabilitation and specializes in non-operative sports medicine. He will serve as medical lead for the 2018 Fifth Third River Bank Run. Dr. Axtman earned his medical degree from Des Moines University Osteopathic Medical Center in Iowa. He completed his physical medicine and rehabilitation residency at Indiana University School of Medicine in Indianapolis, and his fellowship in physical medicine and rehabilitation sports medicine at Emory University in Atlanta. He spent three years as a battalion surgeon with the United States Marine Corps, based in Kanehoe Bay, Hawaii, and one year as a staff physician at Naval Medical Center in Great Lakes, Illinois.

Dr. Axtman is the team physician for the West Michigan Whitecaps, Grand Rapids Ballet, Grand Rapids Gymnastics, Champion Gymnastics, Rockford High School, Northpointe Christian High School, West Catholic High School, Kenowa Hills High School, Sparta High School, Calvin Christian High School, Kent City High School, and Lakeview High School.

He has special interests in non-operative musculoskeletal conditions in children and adults. This includes strains, sprains, fractures and many other sports and non-sports related injuries of the ligaments, joints and muscles. Dr. Axtman provides expertise in interventional and diagnostic ultrasound medicine, performance (dance/gymnastics) and running medicine, regenerative injection therapy (platelet rich plasma therapy), sports related concussion management, and fracture care.